



Sky 539 : Virgin TV 233 : Freeview 87



## Cancer Factsheet

Community Channel's 'C Word' season featured programmes on a wide range of different cancers. Above all these programmes highlight the vital need to spot cancer early to gain the best chance of a successful treatment.

A special series of films called **Spotting Cancer Early** were premiered on the Channel in this season. They cover lung cancer – one of the UK's biggest cancer killers - and breast, bowel and mouth cancer.

Other programmes include **I Can't Believe I'm Telling You This** which looks at three men's experience of prostate cancer, the most common cancer diagnosed in men in the UK. We also look at how to spot the symptoms of breast cancer in a film called **Being Breast Aware**.

On our website we feature personal stories of those affected by cancer and you can find more information about the programmes at [www.communitychannel.org/cword](http://www.communitychannel.org/cword)

Cancer Research UK is campaigning for the early detection of cancer and has more information on its Spot Cancer Early website at [www.spotcancerearly.com](http://www.spotcancerearly.com)

This factsheet provides sources of information on a variety of cancers and how you can get further information depending on your need.

### What Is Cancer

There is a wealth of background to cancer here: [www.cancerbackup.org.uk/Aboutcancer](http://www.cancerbackup.org.uk/Aboutcancer)  
There are 26 most common cancers listed by Cancer Research UK:  
[info.cancerresearchuk.org/cancerstats/](http://info.cancerresearchuk.org/cancerstats/)

### Useful Organisations:

Below are some of the key organizations working in the field of cancer.

[GENERAL](#) [BLOOD](#) [BOWEL](#) [BRAIN](#)  
[BREAST](#)  
[CERVICAL](#) [CHILDREN'S](#) [LUNG](#) [MALE](#) [MOUTH](#)  
[OVARIAN](#) [PANCREATIC](#)

### [CANCER GENERAL](#)

#### Cancer Research UK

Cancer Research UK's aim is to reduce the number of people dying from cancer. To support this, we carry out world-class research to improve our understanding of cancer and find out how to prevent, diagnose and treat different types of cancer and provide information to help people understand cancer and the choices each person can make.

**Specialist Nurse Helpline:** Freephone 0808 800 4040. Open 9am-5pm, Mon-Fri.

**Email:** [supporter.services@cancer.org.uk](mailto:supporter.services@cancer.org.uk)

**Website:** [www.cancerresearchuk.org](http://www.cancerresearchuk.org)

**Volunteer:** For information on volunteering opportunities at Cancer Research UK go to:

[www.cancerresearchuk.org/volunteering](http://www.cancerresearchuk.org/volunteering)

### Macmillan Cancer Support

Macmillan Cancer Support improves the lives of people affected by cancer. We provide practical, medical, emotional and financial support and push for better cancer care. Cancer affects us all. We can all help. **Cancerbackup** is part of Macmillan and provides information and support on a range of cancers.

**Cancerline:** 0808 808 2020 **Macmillan Benefits Helpline:** Freephone 0808 801 0304  
Mon-Fri: 10am-5pm. Advice is free and confidential.

**Email:** via the Macmillan website

**Website:** [www.macmillan.org.uk](http://www.macmillan.org.uk)

**Volunteer:** Macmillan work with – and need – volunteers.

[www.macmillan.org.uk/Get\\_Involved/Volunteer/Volunteering.aspx](http://www.macmillan.org.uk/Get_Involved/Volunteer/Volunteering.aspx)

### Marie Curie Cancer Care

[Marie Curie Nurses](#) provide free nursing care to cancer patients and those with other terminal illnesses in their own homes.

**Helpline:** 020 7599 7777

**Email:** via the Marie Curie website

**Website:** [www.mariecurie.org.uk](http://www.mariecurie.org.uk)

**Volunteer:** Marie Curie works with – and needs – volunteers.

### Tenovus

At Tenovus we work in partnership to deliver innovative research-led cancer prevention, treatment and support in the community, to people with the greatest need, initially in Wales.

**Helpline:** 0808 808 1010. Open Mon-Fri from 9am–4.30pm. Messages on the 'after hours' answer machine will be responded to.

**Email:** [post@tenovus.com](mailto:post@tenovus.com)

**Website:** [www.tenovus.com](http://www.tenovus.com)

**Volunteer:** Tenovus are always on the lookout for more volunteers. There are a range of opportunities ranging from our shops, administrative duties in our head office, marketing and PR, and our helpline.

### **BLOOD – Leukaemia, Lymphoma, Myeloma**

#### Anthony Nolan Trust, The

The Trust takes back lives from leukaemia by providing donors for life saving bone marrow transplants. It also undertakes vital research leading to improvements in the effectiveness and safety of bone marrow transplants. The charity raises awareness of the need for more people to sign up to the bone marrow register by recruiting donors across the country.

**Helpline:** 020 7284 1234 – 9am-5pm from Mon. to Fri.

**Email:** [info@anthohnolan.org.uk](mailto:info@anthohnolan.org.uk)

**Website:** [www.anthonolan.org.uk](http://www.anthonolan.org.uk)

**Volunteer:** Volunteers play a vital role either by assisting with clinics to register more donors, or by transporting donated bone marrow to the hospital where the transplant will take place. We welcome the opportunity to gain further support from volunteers.

### Leukaemia Research

Leukaemia Research is the only UK charity dedicated to finding new treatments and cures for leukaemia, lymphoma and myeloma.

**Tel:** 020 7405 0101 (sw/board) or 020 7269 9060 (info service) 9am–5pm Mon-Fri.

**Email:** general - [info@lrf.org.uk](mailto:info@lrf.org.uk) information - [medicalinfo@lrf.org.uk](mailto:medicalinfo@lrf.org.uk)

**Website:** [www.lrf.org.uk](http://www.lrf.org.uk)

**Volunteer:** LRF works with – and needs – volunteers.

## Lymphoma Association

The Lymphoma Association is the only specialist charity providing information and emotional support to anyone affected by lymphoma; whether they are a patient, family member, carer or friend.

**Helpline:** Freephone 0808 808 5555. From 9am-6pm Mon-Thurs, and 9am-5pm on Fri.

**Email:** [information@lymphomas.org.uk](mailto:information@lymphomas.org.uk)

**Website:** [www.lymphomas.org.uk](http://www.lymphomas.org.uk)

**Volunteer:** LA is always looking for volunteers to share their stories, in the hope of raising awareness and offering support to other people affected by the disease.

## Myeloma UK

Myeloma UK provides information and support to all those affected by myeloma and aims to improve treatment and care through research, education, campaigning and raising awareness. It's the only organisation dealing exclusively with myeloma and its related disorders in the UK.

**Infoline:** 0800 980 3332

**Email:** [myelomauk@myeloma.org.uk](mailto:myelomauk@myeloma.org.uk)

**Website:** [www.myeloma.org.uk](http://www.myeloma.org.uk)

**Volunteer:** Volunteers needed for fundraising events. More information here: [fundraising@myeloma.org.uk](mailto:fundraising@myeloma.org.uk)

**See also:** Children with Leukaemia in **CHILDREN'S CANCER**

## BOWEL

### Beating Bowel Cancer

Beating Bowel Cancer is a leading national charity now celebrating 10 years of supporting bowel cancer patients and raising awareness of this deadly disease. Its aim is to raise awareness of symptoms, promote early diagnosis and encourage open access to treatment choices for those affected by bowel cancer.

**Helpline:** 08450 719 301 – working hours, closes 4pm Fridays

**Email:** [info@beatingbowelcancer.org](mailto:info@beatingbowelcancer.org)

**Website:** [www.beatingbowelcancer.org](http://www.beatingbowelcancer.org)

**Volunteer:** Volunteering opportunities are available in our offices for those with relevant skills and able to travel there. People can also get involved in fundraising for the charity.

### Bowel Cancer UK

Bowel Cancer UK aims to save lives by raising awareness of bowel cancer, campaigning for best treatment and care, and providing practical support and advice. The charity promotes symptom recognition, a healthy lifestyle to help prevent cancer, and the NHS bowel screening programme as early diagnosis and prevention tools.

**Helpline:** Freephone 0800 8 40 35 40. Mon to Fri 10am-4pm

**Email:** [advisory@bowelcanceruk.org.uk](mailto:advisory@bowelcanceruk.org.uk)

**Website:** [www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

**Volunteer:** Bowel Cancer UK is currently piloting a bowel cancer awareness volunteer programme. This involves training members of the South Asian community in West London to promote bowel health messages within their community. We also work with individuals, including patients and carers throughout the UK in order to raise awareness of bowel cancer. Those interested in volunteering should email [volunteer@bowelcanceruk.org.uk](mailto:volunteer@bowelcanceruk.org.uk)

**See also:** Cancer Research UK in **CANCER GENERAL**

## **BRAIN**

### **Brain Tumour UK**

Brain Tumour UK provides vital support for anyone affected by a brain tumour. It funds research into better treatments and raise awareness to ensure earlier diagnosis and high quality care.

**Helpline:** 0845 4500 386 Mon-Fri 10am-1pm; 2pm-5pm

**Email:** [support@braintumouruk.org.uk](mailto:support@braintumouruk.org.uk)

**Website:** [www.braintumouruk.org.uk](http://www.braintumouruk.org.uk)

**Volunteer:** Brain Tumour UK works with – and needs – volunteers who provide vital support throughout the organisation.

## **BREAST**

### **Breakthrough Breast Cancer**

Breakthrough Breast Cancer is a pioneering charity dedicated to the prevention, treatment and ultimate eradication of breast cancer. **Our Touch Look Check** breast awareness message is a key part of our health promotion work, we want every woman to be aware of the signs and symptoms of breast cancer to look out for.

**Helpline:** 0808 100200. Open from 8am-8pm Mon-Fri, and 9am-12pm on Sat.

**Email:** [information@breakthrough.org.uk](mailto:information@breakthrough.org.uk)

**Website:** [www.breakthrough.org.uk](http://www.breakthrough.org.uk)

**Volunteer:** Breakthrough works with – and needs – volunteers.

### **Breast Cancer Campaign**

Breast Cancer Campaign aims to beat breast cancer by funding world-class research and by raising awareness of the disease.

**Tel:** 0207 749 3700 (general enquiries)

**Email:** [info@breastcancercampaign.org](mailto:info@breastcancercampaign.org)

**Website:** [www.breastcancercampaign.org](http://www.breastcancercampaign.org)

**Volunteer:** Volunteers can take part in a range of activities from joining a local fundraising group, organising collections or attending events or cheque presentations in their local area.

### **Breast Cancer Care**

Breast Cancer Care is there for anyone affected by breast cancer. They bring people together, provide information and support, and campaign for improved standards of care. They promote the importance of early detection of breast cancer and provide accurate answers to questions about breast health.

**Helpline:** Freephone 0808 800 6000 (for Typetalk prefix 18001) Mon-Fri 9-5, Sat 9-2

**Email:** [info@breastcancercare.org.uk](mailto:info@breastcancercare.org.uk)

**Website:** [www.breastcancercare.org.uk](http://www.breastcancercare.org.uk)

**Volunteer:** BCC has over 400 volunteers and is recruiting for more.

**See also:** [Cancer Research UK](#) in **CANCER GENERAL**

## **CERVICAL**

### **Jo's Trust**

Jo's Trust Fighting Cervical Cancer is the only UK charity dedicated to women, their families and friends affected by pre-cancer and cancer of the cervix. Jo's Trust aims to help support those affected 24 hours a day and provide them with the most up-to-date information on all preventative, diagnostic and therapeutic procedures for cervical cancer

**Tel:** 0207 936 7498

**Email:** [robert@jotrust.co.uk](mailto:robert@jotrust.co.uk)

**Website:** [www.jotrust.co.uk](http://www.jotrust.co.uk)

## CHILDREN'S CANCERS

### CLIC Sargent

Every day 10 families are told the devastating news that their child has cancer. **CLIC Sargent** is the only charity offering them clinical, practical and emotional support, every step of the way.

**Helpline:** Child Cancer Helpline 0800 197 0068. The helpline is open Monday to Friday 9am-5pm.

**Email:** [helpline@clicsargent.org.uk](mailto:helpline@clicsargent.org.uk)

**Website:** [www.clicsargent.org.uk](http://www.clicsargent.org.uk)

**Volunteer:** Find out more about volunteering at **CLIC Sargent** here:

[www.clicsargent.org.uk/Getinvolved/Volunteer](http://www.clicsargent.org.uk/Getinvolved/Volunteer)

### Children with Leukaemia

Children with Leukaemia is Britain's leading national charity dedicated to the conquest of childhood leukaemia through pioneering research, new treatment and support of leukaemic children and their families.

**Helpline:** 020 7404 0808

**Email:** [info@leukaemia.org](mailto:info@leukaemia.org)

**Website:** [www.leukaemia.org](http://www.leukaemia.org)

**Volunteer:** Children with Leukaemia works with – and needs – volunteers.

## LUNG

### The British Lung Foundation

The British Lung Foundation is the only UK charity working for everyone affected by lung disease. Its work includes funding world-class research, to bring about positive change, to improve treatment, care and support for people affected by lung disease.

**Helpline:** 08458 50 50 20 Mon - Fri 10am-6pm

**Email:** [www.lunguk.org/contactus.htm](http://www.lunguk.org/contactus.htm)

**Website:** [www.lunguk.org](http://www.lunguk.org)

### The Roy Castle Lung Cancer Foundation

The Roy Castle Lung Cancer Foundation's goal is: the defeat of lung cancer. Our work involves: funding research into the prevention and early detection of lung cancer; prevention of lung cancer through tobacco control; the support of patients and carers; and influencing and campaigning for more research; greater awareness and better treatments for lung cancer.

**Patient Support Helpline:** 0800 358 7200 (Mon-Fri: 9am - 5pm)

**Roy Castle Fag Ends Helpline:** 0800 195 2131 (Mon-Fri: 9.30am - 8.00pm)

**Email:** [foundation@roycastle.org](mailto:foundation@roycastle.org)

**Website:** [www.roycastle.org](http://www.roycastle.org)

**Volunteer:** Volunteers play a vital role in the work of the Foundation. There are currently opportunities in our shops, in the Roy Castle Fag Ends office, in fundraising, IT and patient support. For more:

<http://www.roycastle.org/content/LeftNavigation/AboutUs/OurShops/Volunteer.asp>

### UK Lung Cancer Coalition

UKLCC is a partnership of the leading lung cancer charities, clinicians, healthcare professionals and healthcare companies with a commitment to campaigning on lung cancer issues. It does NOT provide support for people affected by lung cancer. Its members are: British Lung Foundation; Cancer Black Care; Cancer Research UK; Macmillan Cancer Support Marie Curie Cancer Care; Roy Castle Lung Cancer Foundation; Tenovus.

**Tel:** 0207 688 5555

**Email:** [uklcc@blf-uk.org](mailto:uklcc@blf-uk.org)

**Website:** [www.uklcc.org.uk](http://www.uklcc.org.uk)

**See also: Cancer Research UK in CANCER GENERAL**

## **MALE CANCERS**

### **Male Cancer Awareness Campaign**

The campaign aims to increase awareness of how to detect the symptoms of prostate, bowel and testicular cancer in the early stages. Through its events, it helps build a culture where embarrassment does not prevent men from addressing problems with intimate parts of their bodies. Mr. Testicles is part of the campaign.

**Tel:** 020 7391 4812

**Email:** [admin@malecancer.net](mailto:admin@malecancer.net)

**Website:** [www.malecancer.net](http://www.malecancer.net)

**Volunteer:** The campaign works with volunteers.

### **Orchid – Fighting Male Cancer**

Orchid is the only UK registered charity to focus entirely on all 3 male specific cancers; testicular, prostate and penile. Orchid plays a leading role in the fight against male cancer through pioneering research, promoting awareness and supporting patients. Most male cancers are easier to treat if diagnosed early so we encourage men to check themselves regularly and see a doctor if concerned.

**Helpline:** 0207 601 7167 (Mon-Fri 10am-5pm for information on resources)

**Email:** [info@orchid-cancer.org.uk](mailto:info@orchid-cancer.org.uk)

**Website:** [www.orchid-cancer.org.uk](http://www.orchid-cancer.org.uk)

**Volunteer:** We welcome volunteers to help at events and in the office during busy periods.

### **The Prostate Cancer Charity**

The Prostate Cancer Charity is striving for a world where lives are no longer limited by prostate cancer. The charity is fighting prostate cancer on every front - through research, support, information and campaigning.

**Helpline:** Freephone 0800 074 8383 Mon-Fri 10am-4pm, plus Wed 7pm-9pm

**Helpline email:** <http://www.prostate-cancer.org.uk/support/email.asp>

**Email:** [info@prostate-cancer.org.uk](mailto:info@prostate-cancer.org.uk)

**Website:** [www.prostate-cancer.org.uk](http://www.prostate-cancer.org.uk)

### **Prostate Cancer Research Foundation, The**

Prostate Cancer Research Foundation has two aims, the first to promote independent worldwide research into all aspects of prostate cancer; and the second to spread the crucial knowledge gathered from that research as far afield as possible, via internationally recognised Forums, attended by the world's top prostate cancer experts. The Prostate Cancer Research Foundation is the home of the Bob Monkhouse 'Give a few bob' campaign [www.giveafewbob.org](http://www.giveafewbob.org)

**Email:** [info@thepcrf.org](mailto:info@thepcrf.org)

**Website:** [www.thepcrf.org](http://www.thepcrf.org)

**Volunteer:** The PCRf needs volunteers to help with mailings.

## **MOUTH**

### **The Mouth Cancer Foundation**

The Mouth Cancer Foundation was set up in June 2004 to be a professional support organization solely dedicated to supporting people with mouth, throat and other head and neck cancer. It co-ordinates and leads a Mouth Cancer Awareness programme in the UK that emphasizes early detection and prevention.

**Helpline:** (free service) 01924 950 950. Mon-Fri 9am-5pm, with an after hours answer phone service.

**Email:** [info@mouthcancerfoundation.org](mailto:info@mouthcancerfoundation.org)

Website: [www.rdoc.org.uk](http://www.rdoc.org.uk)

## **OVARIAN**

### **Ovarian Cancer Action**

Ovarian Cancer Action is committed to improving survival for women with ovarian cancer through research, raising awareness and giving those affected by it a voice.

**Tel:** 020 8238 7605

**Email:** [info@ovarian.org.uk](mailto:info@ovarian.org.uk)

**Website:** [www.ovarian.org.uk](http://www.ovarian.org.uk)

## **PANCREATIC**

### **Pancreatic Cancer UK**

Pancreatic Cancer UK is the national charity committed to improving survival rates for pancreatic cancer on all fronts through awareness, information, support and research.

**Helpline:** 0118 9472934 7-9pm

**Email:** [support@pancreaticcancer.org.uk](mailto:support@pancreaticcancer.org.uk) or general: [enquiries@pancreaticcancer.org.uk](mailto:enquiries@pancreaticcancer.org.uk)

**Website:** [www.pancreaticcancer.org.uk](http://www.pancreaticcancer.org.uk)

**Volunteer:** Pancreatic Cancer UK works with – and needs – volunteers.

**PROSTATE** see under **MALE CANCERS**

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### **Community Channel**

**Address:** Community Channel, 2nd Floor, Riverwalk House, 157-161 Millbank, London, SW1P 4RR

**Email:** [feedback@communitychannel.org](mailto:feedback@communitychannel.org)

or in Aug/Sep 2009 you can contact us at: [cword@communitychannel.org](mailto:cword@communitychannel.org)

**Website:** [www.communitychannel.org](http://www.communitychannel.org)

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